



RINGWOOD NATURAL HISTORY SOCIETY

Pamphill Walk

Date: 1st May 2025
 Weather: Sunny and hot
 Walk Leader: Pat Holder
 Attendees: 9

We started from Pamphill car park walking towards St Stephen's Church, at the junction turning left into Abbott Street then onto All Fool's Lane, its an old drove road linking Abbott Street with Sandy Lane in Cowgrove. Today the bridleway is cut deep into the ground with steep banks clad with ferns, ivy and with evidence of Badger sets. Walking along the drove we took a diversion to see the bluebells at Abbott Street Copse, sadly they were just starting to go over. At the end of All Fool's Lane we turned left onto a grassed bridleway to Poplar Farm at Cowgrove Common, with its pond which creates the focal point of this medieval village along with its thatched cottages and farmsteads. Crossing Cowgrove Road we walked down Weir Lane which leads to the River Stour, passing by a veteran tree known locally as Waterman's Oak. Having had a picnic lunch by the river bank we reached Eye Bridge, a narrow wooden footbridge. Eye Bridge has a weir and is a crossing point of the River Stour, there used to be an island in the Stour hence the name. We returned by walking past the bridge, through pastureland to reach the Wimborne to Cowgrove Road and crossing it to walk uphill through Harts Glen. Following the hedge line we reached a path to the left which took us over two styles and a bridge over a stream into an ancient woodland. Walking through the beautiful woodland full of spring wildflowers we reached a path to lead us out by Pamphill First School and Pamphill Green then walking along Oak Avenue to the car park.

Flowering Plants	Flowering Plants cont	Birds	Butterflies
Sycamore	Dog's Mercury	Buzzard	Brimstone
Field Maple	Currant sp.	Red Kite	Speckled Wood
Greater Stitchwort	Common Dog Violet	Song Thrush	Orange Tip
Red Campion	Cow Parsley	Wren	Comma
Bluebells	Hemlock Water Dropwort	Pheasant	Small White
Creeping Buttercup	Primrose	Chiffchaff	
Meadow Buttercup	Common Cleavers	Blackbird	Other Insects
Lesser Celandine	Common Comfrey	Blackcap	Banded Demoiselle
Monkshood	Field Forget-me-not	Stock Dove	Beautiful Demoiselle
Hedge Mustard	Green Alkanet	Dunnock	Mayfly
Cuckoo Flower	Bugle	Whitethroat	Caddis Fly sp. <i>Notidobia ciliaris</i>
Garlic Mustard	Ground Ivy	Skylark	
Hairy Bittercress	White Dead-nettle	Cetti's Warbler	Fungi
Salad Burnet	Red Dead-nettle	Long-tailed Tit	King Alfred's Cakes
Wild Strawberry	Wood Speedwell	Black-headed Gull	Dryad's Saddle
Herb Bennet	Germander Speedwell	Wood Pigeon	
Tormentil	Ribwort Plantain	Carrion Crow	
Mountain Ash	Elder	Rook	
Hawthorn	Dais	Chaffinch	
Common Vetch	Dandelion	Mute Swan	

Bush Vetch	Ransoms		
Herb Robert	Lords and Ladies		
Wood Spurge	Drooping Sedge		
Soft Shield Fern			



Bluebells at Pamphill by Lyn Traves